



9 Valuable Steps to  
Fulfill Your Dream

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## 9 valuable steps to Fulfill Your Dream

The number of people who never fulfill their life's dream is at an unbelievable high percent. According to statistics 90 - 95% of people on earth never, ever see their dream come true. There are several reasons for such a high percentage of unfulfilled dreams. One overarching reason is that many people allow their dreams to remain on the back burner for a lifetime because they are waiting for the right time. Unfortunately, the right time never seems to come.

People from all walks of life are included in those waiting to fulfill their dreams especially the 55+ age group, empty nesters, retirees and aspiring career professionals. Excuses people give for waiting until later include:

- waiting for the kids to grow up
- waiting for retirement
- waiting until there is enough money to support the dream
- waiting until they finish their degree
- waited too long, now feel it is just too late.

Are you among those who use these same excuses? Can you imagine how much time and personal success is lost while you continue to wait? Consider the amount of valuable knowledge and wisdom you have acquired through the years and should be sharing with others. Yet, you have chosen not to because you are still waiting for the "right time" or that mysterious "something" to happen.

It's a fact that if you keep waiting and planning for the future then when it comes, you won't be here. What will happen to your dream then?

Is it time for you to fulfill your destiny? Is it time for you to become the person you were intended to be? If so, then read the below 9 valuable steps required to move your long overdue dream from fantasy to reality.

Let's begin, however, with a clear understanding of the meaning of two critical words. The first is dreams and the second is vision.

**Dreams** are your thoughts, ideas and imagination of who you *could* be someday. The operative word here is *could*.

Remember, a dream is just a dream until you do something about it. Dreams are, however, renewable even though they have been ignored or left on the back burner for years. And they still can be achieved by following nine steps outlined in this e-book.

The second term is the word **vision**.

Vision is an intuitive awakening from within that presents a snapshot of who you will be, once you decide to act. Emphasis should be placed on the phrase "will be." It is your decision when to activate your vision and become the real you. As has been quoted in the past, "if you can see it you can be it".

Now that you understand the difference between a dream and a vision it is important to know that both are needed as you move forward.

To begin fulfilling your back burner dreams, I encourage you to spend some quality time discovering who you are now, who you want to become and how hard you're willing to work so your dream can come true. Also, how willing are you to make necessary life changes so your dream can become a reality?

To help answer these questions I recommend you activate the following

9 Steps of self discovery that will be discussed in this e-book.

# D I S C O V E R Y

**D**ecide to move forward with your dream and transform into a vision

**I**gnore doubt and fear created by others as well as yourself

**S**tart a strategic plan of action

**C**ommit to continue moving forward regardless of circumstances

**O**vercome temporary setbacks

**V**alue your vision. It belongs to you

**E**xercise your faith and embrace your vision

**R**ecognize and re-define your new life

**Y**es. Say yes to the authentic you who dwell within

Now let's take a closer look at each discovery step.

### **Step 1 - Decide to move forward and transform your dream into a vision**

Making a firm decision is a critical first step toward moving your dream from fantasy to reality. Bear in mind, as quoted by Lao Tzu, "The journey of a thousand miles begins with one step." In addition, if you make up your mind you're ready to live your dream then you must also determine if you are willing to devote the necessary time and research to make your dream work regardless how hard or how long it may take. Now is a good time to ask the following questions. How badly do you really want to see your dream come true before departing this earth? Are you willing to transform your dream into a vision which will require hard work? Bear in mind that Dreams + Vision = Purpose and Success.

### **Step 2 - Ignore doubt and fear created by yourself and others**

Fear keeps many people from being successful in life. One's own personal fear is understandable. You are venturing off into unknown territory with many questions but without many answers. Don't give up the power you have over your own dream. Choose faith over fear. Believe in yourself and move forward.

Bear in mind you were born with only two innate fears. 1. Fear of loud sounds and 2. Fear of falling. All other fears were picked up along the way as you traveled through life. So be assured you have nothing to fear but fear itself.

In addition, an even worse fear is that which friends and family can cause. The people you trust the most can sometimes bring you to a stand-still due to their negative comments and doubts about you. Make a decision that you will not empower others to interfere with the success of your dream and your future.

**Step 3 - Start a strategic plan of action.**

Starting a strategic plan of action that will lead to success is imperative.

Determine what is required of you to make your dream work. Your plan needs to clearly answer what, why and how steps are to be executed with both a start date and projected end date of each planned goal.

In addition, take a look at your own talents and skills that will help make the dream work. Include those skills in your plan of action. If you are lacking some key skills needed for the advancement of your dream then work on acquiring those skills or be prepared to pay someone to handle those areas for you. Also, determine if you could benefit from a mentor or a coach to help you reach your ultimate goal.

**Step 4 - Commit to moving forward regardless of circumstances.**

Unwavering commitment is a *must* if you want to realize your dream. Decide to dedicate lots of time daily on accomplishing your goals. Find a time and a place where you can work effectively as progress begins to take place. Celebrate each accomplishment as you move closer to success.

Starting and stopping while on the journey has a tendency to discourage people. This process quite often causes the dream to return to the back burner. So do your best to keep your dream on the front burner and continue the journey.

Lack of commitment is among reasons why 90 – 95 % of people on earth never see their dreams move from fantasy to reality. I recommend you do all you can to avoid becoming one of these statistics.

**Step 5 - Overcome temporary setbacks.**

You will encounter some stumbling blocks along the way that might make you question whether you are doing the right thing or not. For instance, finances could become an issue and most likely will for many. At some point, money will

be necessary to move your dream forward. Some creative financing may become necessary. Also, family issues and health problems for you or a family member could become an issue. Quality time to work on your dream could become a challenge. All of these issues are called “life happens” and can take you off focus. If you must deviate from your plan of action for a while to take care of daily life, then do so. Don’t, however, stay on the deviation path forever. Find a way to solve or work with your issues and continue the journey as soon as possible. Staying away too long will only make it harder to resume your tasks.

### **Step 6 - Value Your Vision.**

Your vision is a valuable and prized possession you should cherish. Most people probably think their vision consists of their two eyes only, when in reality, it consists of three eyes. The two eyes you are most familiar with provide you with physical eye sight so you can see the world you are living in. They provide you an opportunity to choose which path you want to follow in life while on earth. Your physical eyesight allows you to dream based on what you physically see.

But everyone has a third eye called your mind’s eye or your spiritual eye that dwells deep within your soul and allows you to see your future self as you were intended to be. Your mind’s eye is filled with continuous incite. It’s a vision which captures the core of your inner being. It’s that spiritual and intuitive awakening from within that presents to you an image of you in your own purpose. It’s the power of knowing things without knowing why. You just know.

I call that power of knowing the Inner Spirit; a life force that is activated by a power bigger than you and I. It’s a calling that God has blessed each of you with.

Each individual, however, has to recognize, accept and activate their own inner vision.

Activating one’s inner vision helps develop a sense of clear purpose. When you realize the time has come for you to activate your vision, move immediately and on purpose. Understand that only you will know when the time is right.



Bear in mind that inner vision becomes a reality once you understand all three eyes are needed to propel your vision to success. Don't ignore the vision of your mind's eye. It is yours for the purpose of serving mankind. You are responsible for the care of your mind's eye. Make good use of your vision.

Helen Keller once said ***“The only thing worse than being blind is having sight and no vision.”***

### **Step 7 – Exercise your faith and embrace your vision**

Exercise your faith in the Creator of the Universe. Believe with all your heart that you can lean on God for strength as you take bold and deliberate steps toward accomplishing your vision. For maximum success, try combining your faith in the Creator along with faith in yourself.

Anticipate success. Look forward to God granting you the desires of your heart. Value the responsibility he has given you over your vision.

In addition, don't just keep dreaming about what you want to do or who you want to become, work your vision so your vision will work and your dream will be removed from the back burner. In most cases, it will take time, probably more time than you imagine. However, it will be to your advantage to keep moving the vision forward. Embrace, own, protect, and love your vision so much you can't stop thinking about it.

### **Step 8 - Recognize and re-define the new you**

Now that you have begun traveling on this road of discovery, you recognize the winds of change are bringing you new found strength and determination. Change, which is inevitable, is taking place in your life. Change represents patience and progress. Change will re-define you. The new you now have a dream that has been transformed into a vision. Recognize your vision. Begin to activate your vision. Step out on faith and look forward to successfully living your purpose.

**Step 9 - Yes.** Say yes to your dream, your inner vision and yes to the new you!



## About the Author.



### Charlotte Haymore

Charlotte Haymore, the Vision Voice, is an international inspirational and motivational speaker. She is a certified life coach and published author. Charlotte attended Southern Illinois University in Carbondale, Illinois and Metropolitan State University in Denver, Colorado. She completed three years of college and has received certificates in human service development, travel and tourism, certified travel consultant, radio broadcaster and most recently

women's empowerment coach.

While developing a career in travel and tourism, she also worked in radio as a newscaster and talk show host plus a voice over talent.

Charlotte now focuses on empowering others, especially the 55+ women population, to activate the visions within and move to greater heights. She connects with her audiences and captivates them with real life stories of challenges and successes, assuring them "Dreams + Vision = Success" and dreams can come true, even if they are delayed.

Find more information about Charlotte at [www.charlottehaymore.com](http://www.charlottehaymore.com)